



3DAHMM 2024 Montevideo URUGUAY 3-6 December 2024

3DAHMM 2024 ACTIVITIES

18th International Symposium on 3D Analysis of Human Movement
in Uruguay, Latin America, December 2024

Friday Nov 29 - Sunday Dec 1:

19:00 arrive **Paysandú**: Visit to LIBIAM Gait Analysis Lab. with River Uruguay sailing, climate permitting, Dinner & city tour (Dr. Carlo Biancardi)
USD 350 includes 2 meals, snack, dinner-show, museum entry, transport within Pdú & 2 hotel nights

Sunday Dec 1:

7:00 - 14:00 **Tristán Narvaja Flea Market** Guided by Alejandra Rial, meet at 18 de julio corner TN,
USD 50 includes a little meal on the market sidewalk.

10:00 **La Tahona Rocha** Guided by Magui Tango & Dr. Tartaruga, meet at Hotel. Study limb adaptation to irregularities, nordic walking and riding horses.

USD 350 includes horse rental, one night shared hotel room & meals. Arrival Montevideo Mon Dec. 2 18:00

19:30 – 24:00 Visit to **IDEAS+ artisan & food fair** Parque Rodó. Guided by Isabel Morales & Linnette Jara **USD 50** includes a drink & a snack.

Monday Dec 2:

8:00 - 20:00 **Colonia del Sacramento** Guided by Dr. Lucía Belén Ribeiro. Old town, Lighthouse Museums, Visit to a Wine Cellar restaurant. **USD 200** includes transport, museum entrance, wine tasting and meal.

8:00 - 13:00 **Uruguay National Football Team** Training premises & instruments. Guided by Dr. Andrea Mattiozzi. **USD 50** includes transportation.

14:00 - 18:00 **Biomechanics related Industry Visit** (Controles, MOVI, Interfase, etc.) guided by Pablo Sánchez, Bsc.EE. **USD 50** includes transfer.

Wednesday Dec 4:

19:00 - 23:00 **Mercado del Puerto** Guided by Magui Tango and Danel Méndez. Meet 19:00 Puerta de la Ciudadela. Stroll about the Ciudad Vieja, dinner in the Old Market. **USD 80** includes Hotel transfer & dinner.

Thursday Dec 5:

20:30 - 22:00 **Conference Dinner** **USD 40**

22:00 - ...**“Montevideo Tango by night”** guided by Magui Tango **USD 25** incl. hotel transfer & 1 drink.

Friday Dec 6:

16:00 **Buenos Aires after closing 3DAHMM2024**

guided by Magui Tango, Dinner at Patio Napolitano de Güerrín, Museo Carlos Gardel, Lunch at Café de los Angelitos, San Telmo, Paseo de la Historieta.

Dinner, show at La Viruta with tango class, **USD 450** Includes 2 hotel nights, Buquebus, Meals. Reduced to **USD 350** if only one way Ferry Boat, **USD 300** if international travel bought previously by attendee.

Saturday Dec 7:

8:00 **Piriápolis**, guided by Alejandra Rial & Verónica García. Meet at Hotel Regency. **USD 400** includes 1 hotel nights, 2 meals, a mountain snack, transport, *Pan de Azúcar* hiking, beach & museums.

Any changes on the options offered can be arranged to suit 3DAHMM2024 attendees

3DAHMM is a Technical Group of ISB International Society of Biomechanics



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