



3DAHM 2024 Montevideo URUGUAY 3-6 December 2024

COLONIA DEL SACRAMENTO

3DAHM 2024 PRE-CONGRESS ACTIVITY

Guided by Dr. Lucía Belén Ribeiro, lecturer at NIB 2020-2023, Publication on Diabetic Foot Injury Prevention and Medical Informatics.

Founded January 28, 1680 by Manuel Lobo, Portuguese Governor of Río de Janeiro, Colonia del Sacramento was a fortress and is today the oldest town in the Country. Spaniards later conquered Colonia and remains of both cultures are present.

Monday Dec 2

8:30 Departure from Regency Golf Hotel, Montevideo

11:00 Barrio Histórico; Portuguese Museum; Strolling about the streets & shops; Plaza de Toros since 1910

14:30 Classic wine experience and full meal at Los Cerros de San Juan (Ruta 21, km 204, Founded 1854 by Lahusen Family, oldest Winecellar of Uruguay)

20:00 Return to Regency Golf Hotel, Montevideo



COST: USD 200 includes two-way bus Mvd-Colonia del Sacramento, wine tasting, lunch & museum ticket

NOT INCLUDED: Anything not explicitly mentioned in the program is not included

3DAHM is a Technical Group of the ISB International Society of Biomechanics

November 27, 2024

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