



3DAHM 2024 Montevideo URUGUAY 3-6 December 2024

TRISTÁN NARVAJA

3DAHM 2024 PRE-CONGRESS ACTIVITY

Guided by Alejandra Rial

Tristán Narvaja is a flea market, held every Sunday in Montevideo, Uruguay. It is a vibrant and iconic experience that offers antiques, books, vinyl, cameras, vintage clothing, jewellery, fresh fruits & vegetables, cheeses, flowers, handmade crafts & more.

Sunday Dec 1

8:00 Early meeting time to beat the crowds. At 18 de Julio & Tristán Narvaja.

Wander through the market as it begins to set up and enjoy the cool morning air. Stroll along the stalls of local artisans and find souvenirs or gifts that capture Uruguay's culture and creativity.

10:30 Brunch at *El Imperio*, a very picturesque, unique and charming bar, fun ambience, with a beautiful roof terrace. They offer vegetarian and vegan options, as well as the classic grill.

Continue walking through pedestrian streets & visit the antique shops. Finish reaching *Plaza de los Bomberos*.



COST: USD 50 includes brunch.

NOT INCLUDED: Anything not explicitly mentioned in the program is not included.

3DAHM is a Technical Group of the ISB International Society of Biomechanics

November 27, 2024

www.3dahm2024.com

3dahm2024@gmail.com

